PSYC 208: LIFESPAN PSYCHOLOGY

GLOBAL ASSIGNMENT

Women giving birth may have different customs depending on their culture from ones you may be familiar with. Some of you may work in maternity wards where immigrant women from certain regions may be giving birth. It is important to know these customs so they are not inadvertently violated. Do some research and find common customs related to birth from the following regions;

1. Russia
2. Vietnam
3. Muslim countries
4. Some African countries
5. Latin American countries

Note to Faculty: Answers (*Source:*  Aizenman)

1. A newborn is not supposed to be seen by strangers for a least one month to be protected from the “evil eye”
2. A new mother should not be exposed to cold because it is disrupts the equilibrium that is believed crucial to good health.
3. Examination or delivery must be done by female health workers.
4. The tradition is to take the placenta home and bury it.
5. Women do not breast feed the baby in the first couple of days after delivery.